

Caramel Corn

Nutrition Facts

Serving Size: 1/2 cup (about 30g)
 Servings Per Container: about 10

AMOUNT PER SERVING	
Calories 100	Calories from Fat 5
	% Daily Value*
Total Fat 1g	2%
Saturated Fat 0g	0%
<i>Trans</i> Fat 0g	
Polyunsaturated Fat 0g	
Monounsaturated Fat 0g	
Cholesterol 0mg	0%
Sodium 135mg	6%
Total Carbohydrate 24g	8%
Dietary Fiber 1g	4%
Sugars 18g	
Protein 0g	
Iron	4%

Not a significant source of Vitamin A, Vitamin C, and Calcium.

*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

		Calories:	2,000	2,500
Total Fat	Less than		65g	80g
Sat Fat	Less than		20g	25g
Cholesterol	Less than		300mg	300mg
Sodium	Less than		2,400mg	2,400mg
Total Carbohydrate			300g	375g
Dietary Fiber			25g	30g

Calories per gram:

Fat 9 • Carbohydrate 4 • Protein 4

INGREDIENTS:

Corn Syrup, Sugar, Popcorn, Molasses, Butter (Cream, Salt), Soybean Oil, Salt, Soy Lecithin (an Emulsifier), Baking Soda.

Contains soy and milk ingredients.

Manufactured in a facility that handles tree nuts, peanuts, and wheat.

NET WT 11 OZ (312g)

