

Kettle Corn

Microwave Popcorn

Natural and Artificial Flavors

Nutrition Facts

Serving Size: 1 Bag (66g) Unpopped
(Makes about 9 1/2 cups popped)
Servings Per Carton: 18

AMOUNT PER SERVING 1BAG UNPOPPED, POPPED	1 BAG UNPOPPED	1 BAG POPPED
Calories	300	260
Calories from Fat	130	110
% Daily Value*		
Total Fat 15g, 13g	23%	20%
Saturated Fat 2.5g, 2g	13%	10%
<i>Trans</i> Fat 0g, 0g		
Polyunsaturated Fat 3g, 3g		
Monounsaturated Fat 8g, 7g		
Cholesterol 0mg, 0mg	0%	0%
Sodium 580mg, 500mg	24%	21%
Total Carbohydrate 40g, 35g	13%	12%
Dietary Fiber 6g, 5g	24%	20%
Sugars 0g, 0g		
Sugar Alcohol 4g, 3g		
Protein 5g, 4g		
Calcium	2%	2%
Iron	8%	6%
Not a significant source of Vitamin A and Vitamin C.		
*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:		
	Calories: 2,000	2,500
Total Fat	Less than 65g	80g
Sat Fat	Less than 20g	25g
Cholesterol	Less than 300mg	300mg
Sodium	Less than 2,400mg	2,400mg
Total Carbohydrate	300g	375g
Dietary Fiber	25g	30g

INGREDIENTS:

Popcorn, Canola Oil, Isomalt,
Salt, Hydrogenated Cottonseed
Oil, Natural and Artificial Flavor,
Sucralose, TBHQ for freshness.

Contains Milk Ingredients

NET WT 42 OZ (2.62LB) 1.19kg 

