

Popping Corn

Nutrition Facts	
About 24 servings per container	
Serving size	3 Tbsp (36g) unpopped
Amount per serving	
Calories	130
% Daily Value*	
Total Fat 1.5g	2%
Saturated Fat 0g	0%
<i>Trans</i> Fat 0g	
Polyunsaturated Fat 1g	
Monounsaturated Fat 0g	
Cholesterol 0mg	0%
Sodium 0mg	0%
Total Carbohydrate 26g	9%
Dietary Fiber 4g	14%
Total Sugars less than 1g	
Includes 0g Added Sugars	0%
Protein 3g	
Vitamin D 0mcg	0%
Calcium 1mg	0%
Iron 0.7mg	4%
Potassium 95mg	2%
* The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.	
Calories per gram: Fat 9 • Carbohydrate 4 • Protein 4	

Ingredients: Popcorn

NET WT 20 OZ (1.88 LBS) 850g

FOR QUESTIONS OR COMMENTS,
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